

# Lake Park Nutrition Center

## LUNCH

# September 2025



**OVER 60 - \$5.00**  
**UNDER 59 - \$8.00**

All meals served with 1% milk, bread, margarine.

Meals served  
**Monday - Friday** at the  
 Lake Park City Center  
 2032 2nd Street  
 Lake Park.




**Meals on Wheels** available  
 delivered to homebound  
 qualified participants.

Meals are prepared in a  
 facility that uses wheat,  
 soy, dairy and nuts.

Menu subject to change.

**Thank You** for supporting  
 our local program!

**To Reserve or Cancel**  
 call 218-238-5336  
**BEFORE 9:00 AM.**  
*\*Leave a Voicemail\**

Mon	Tue	Wed	Thu	Fri
1  <b>LABOR DAY CLOSED</b>	2 Mushroom Steak Mashed Potato/Gravy Peas Jell-O	3 Meatloaf Baked Potato Squash Cake	4 Chicken Strips Potatoes/Gravy Stewed Tomatoes Bar	5 Potato Soup Ham Salad Sandwich Fruit Cup Gingerbread/topping
8 Swiss Steak Baked Potato Mixed Vegetables Cookie	9 Pork Chop Parley Boiled Potato Scalloped Corn Whipped Gelatin	10 Spaghetti Garden Salad Breadstick Mandarin Oranges	11 Taco Salad Corn Muffin Mixed Fruit Cookie	12 Roast Turkey Mashed Potato/Gravy Carrots Cheesecake
15 Chicken Breast Mashed Potato/Gravy Carrots Pudding/Topping	16 Riblet Potato Casserole Corn Bar	17 Tator Tot Hotdish Fruit Cup Cookie	18 Pork Roast Mashed Potato/Gravy Steamed Broccoli Cake	19 Chicken Pot Pie Coleslaw Fruit Cup
22 Sloppy Joe Potato Salad Baked Beans Bar	23 Baked Ham Scalloped Potatoes Green Beans Cake	24 Meatballs Mashed Potato/Gravy Mixed Vegetables Pudding	25  <b>PUMPKIN</b> Chicken Alfredo Breadstick Fruit Rice Krispy Bar	26  <b>FEST</b> Hot Beef Sandwich Mashed Potato/Gravy Baked Squash Fruit Cobbler
29 Chow Mein & Rice Fruit Cup Cookie	30 Fish Baked Potato Creamed Peas Lemon Bar	